

# TEAMSTERS

LOCAL 170

## HEALTH & WELFARE FUND

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Navigating Substance Use Disorder  
There is Help for Families In Crisis

July 2018

Dear Teamsters Local 170 Fallon Health Member,

Substance use is a problem that touches all of us in some way. It has a major impact on individuals, families and our communities. Admitting that you or a family member has a problem is the first and most difficult step in the recovery process. The next step is finding the help that you need to get well while feeling confident that you will have coverage for your treatment.

Teamsters Local 170 Health and Welfare Fund provides you with benefits, programs and resources to assist you on your journey to recovery. If you are enrolled in a Fallon Health plan, coverage for various stages of treatment and recovery are offered through the behavioral health programs provided through Beacon Health Options (Beacon) and through Fallon's medical and pharmacy programs. Beacon is Fallon Health's behavior health administrator. These services, as all other medical services, are always confidential and your anonymity will also be respected and protected.

Research shows that treatment outcomes are more successful when you are closer to home. There are many leading facilities in the Beacon network that can help you and your family, and you don't have to travel far. To ensure that you are receiving the most appropriate treatment and don't encounter any unexpected costs, you must see providers that are in the Beacon network and that you know are relying on current best practices and evidence-based standards of care.

**What should you do if you think you or a family member has a problem and want to find an in-network provider?**

- If you or a family member are in a life-threatening crisis, you should always call 911. Otherwise, you should call either your primary care physician or Beacon's Member Services at **1-888-421-8861**. You can also log into [fchp.org/members/doctors-facilities](http://fchp.org/members/doctors-facilities). Click on **Find a behavioral health provider**.

### **What type of coverage is available?**

Various types of treatment facilities and coverage are available through Beacon. Sometimes what's covered can be confusing. To be sure that you are covered for specific facilities or services, you should have the provider/hospital or other facility call Beacon. Beacon will notify the provider of what your plan covers and all requirements for reimbursement.

Your coverage through Fallon Health includes everything required by MA state law and additional benefits. Beacon works closely with its in-network providers to ensure that they understand the benefits and all authorizations etc. that are required for reimbursement. Beacon may also pair you with a case manager who will help you navigate your treatment and coverage options and who will check-in with you from time to time to assess your overall well-being.

In general, you will have coverage for medically necessary care at the following levels:

**Inpatient admissions** in a General or Mental Hospital, Substance Abuse Treatment Facility, Detoxification Facility and Alcohol and Drug Treatment Facility.

- semiprivate room and board
- special services furnished by the facility and psychiatric care furnished by a Physician (who is a specialist in psychiatry), Psychologist or Clinical Specialist in Psychiatric and Mental Health Nursing.

**Intermediate care.** There are times when a member will require medically necessary care that is more intensive than the typical outpatient care, but the member does not need 24-hour inpatient hospital care. This intermediate care may include (but is not limited to):

- acute residential treatment, clinically managed detoxification services, or crisis stabilization services;
- partial hospital programs, intensive outpatient programs, day treatment programs, or in-home therapy services.
- Community Support Programs (CSP) which are providers who can meet with you individually to help you access treatment, support groups, and other resources.

Beacon can help you arrange for intermediate care with the appropriate mental health provider.

- **Outpatient services** furnished by a Community Health Center (that is a part of a General Hospital), Detoxification Facility, General Hospital, Clinical Specialist in Psychiatric and Mental Health Nursing, Licensed Independent Clinical Social Worker, Licensed Mental Health Counselor, Licensed Alcohol and Drug Counselor, Mental Health Center, Psychiatric Hospital, Opioid Treatment Program Provider, Physician, Psychologist,

Licensed Marriage and Family Therapist, Psychiatric Nurse Practitioner or any other mental health provider designated by Beacon.

We understand how hard it is for a person suffering from a substance use disorder to come forward and get the help they need. Please take advantage of the benefits available to you and start recovery today.

## Coverage of Medications Related to Opioid Use

<b>All Fallon Plans</b>	
<b>Medications to Block the Effects of Opioids, especially in Overdose Situations</b>	
<b>Narcan</b>	Tier 3 copay No quantity limits
<b>Naloxone</b>	Tier 1 copay No quantity limits
<b>Medications Used to Help Treat Opioid Addiction</b>	
<b>Suboxone</b>	Tier 3 copay No quantity limits
<b>Naltrexone</b>	Tier 1 copay
<b>Vivitrol</b>	Not covered