Summary of Benefits and Coverage: What This Plan Covers & What You Pay for Covered Services **Coverage Period:** 01/01/2019-12/31/2019

Blue Choice® New England Plan 2 **Teamsters Local 170** **Coverage for:** Individual and Family | **Plan Type:** POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, see **teamsterlocal170.com**.
For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at **bluecrossma.com/sbcglossary** or call **1-800-932-8323** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	**$0** PCP / Plan-Approved; **$300** member / **$600** family Self-Referred.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Emergency room and emergency transportation.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For medical benefits, **$2,000** member / **$4,000** family; and for prescription drug benefits, **$1,000** member / **$2,000** family.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket

		limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See bluecrossma.com/findadoctor or call the Member Service number on your ID card for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	Yes, PCP / Plan-Approved level of benefits only.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PCP/Plan-Approved (You will pay the least)	Self-Referred (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$15 / visit	20% coinsurance	Deductible applies first for Self-Referred
	Specialist visit	$20 / visit; $20 / chiropractor visit	20% coinsurance; 20% coinsurance / chiropractor visit	Deductible applies first for Self-Referred; limited to 20 chiropractor visits per calendar year
	Preventive care/screening/immunization	No charge	20% coinsurance	Deductible applies first for Self-Referred; GYN exam limited to one exam per calendar year. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization may be required
	Imaging (CT/PET scans, MRIs)	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization required for certain services
If you need drugs to treat your illness or condition **More information about prescription drug coverage is**	Generic drugs	$10 / retail or mail service supply	$10 / retail or mail service supply	Up to 30-day retail (90-day mail service) supply; cost share may be waived for certain covered drugs and supplies and may be higher if generic available; pre-
	Preferred brand drugs	$15 / retail or mail service ($10 / generic	$15 / retail or mail service ($10 / generic	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PCP/Plan-Approved (You will pay the least)	Self-Referred (You will pay the most)	
available at bluecrossma.com/medications		drugs)	drugs	authorization required for certain drugs
	Non-preferred brand drugs	$35 / retail or mail service supply	$35 / retail or mail service supply	
	Specialty drugs	Applicable cost share (generic, preferred, non-preferred)	Applicable cost share (generic, preferred, non-preferred)	When obtained from a designated specialty pharmacy; pre-authorization required for certain drugs
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization required for certain services
	Physician/surgeon fees	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization required for certain services
If you need immediate medical attention	Emergency room care	$100 / visit	$100 / visit	Copayment waived if admitted or for observation stay
	Emergency medical transportation	No charge	No charge	None
	Urgent care	$20 / visit	20% coinsurance	Deductible applies first for Self-Referred
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization required
	Physician/surgeon fees	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization required
If you need mental health, behavioral	Outpatient services	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
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health, or substance abuse services				authorization required for certain services
	Inpatient services	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization required for certain services
If you are pregnant	Office visits	No charge	20% coinsurance	Deductible applies first for Self-Referred; maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound)
	Childbirth/delivery professional services	No charge	20% coinsurance	
	Childbirth/delivery facility services	No charge	20% coinsurance	
If you need help recovering or have other special health needs	Home health care	No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization required
	Rehabilitation services	$20 / visit for physical and occupational therapy; $15 / visit for speech therapy	20% coinsurance	Deductible applies first for Self-Referred; limited to 60 visits per calendar year for PCP / Plan-Approved (other than for autism, home health care, and speech therapy); pre-authorization required for certain services
	Habilitation services	$20 / visit for physical and occupational therapy; $15 / visit for speech therapy	20% coinsurance	Deductible applies first for Self-Referred; rehabilitation therapy coverage limits apply; cost share and coverage limits waived for early intervention services for eligible children; pre-authorization required for certain services

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
			PCP/Plan-Approved (You will pay the least)	Self-Referred (You will pay the most)	
	Skilled nursing care		No charge	20% coinsurance	Deductible applies first for Self-Referred; limited to 100 days per calendar year; pre-authorization required
	Durable medical equipment		30% coinsurance	50% coinsurance	Deductible applies first for Self-Referred; PCP / Plan-Approved cost share waived for one breast pump per birth
	Hospice services		No charge	20% coinsurance	Deductible applies first for Self-Referred; pre-authorization required for certain services
If your child needs dental or eye care	Children's eye exam		Coverage through Davis Vision	Coverage through Davis Vision	See SPD Attachment #9
	Children's glasses		Coverage through Davis Vision	Coverage through Davis Vision	See SPD Attachment #9
	Children's dental check-up		Coverage through separate BCBSMA dental plan	Coverage through separate BCBSMA dental plan	See SPD Attachments #7 & #8

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Acupuncture	Cosmetic surgery	Non-emergency care when traveling outside the U.S.
Children's eye exam (coverage through Davis Vision)	Dental care (coverage through separate BCBSMA dental plan)	Private-duty nursing
Children's glasses (coverage through Davis Vision)	Long-term care	Routine eye care – adult (coverage through Davis Vision)

		Routine foot care (only for patients with systemic circulatory disease)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
Bariatric surgery	Infertility treatment	Weight loss and Fitness programs
Chiropractic care (20 visits per calendar year)	Hearing aids (See Benefit Descriptions and Riders)	Wellness programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform and the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Your state insurance department might also be able to help. If you are a Massachusetts resident, you can contact the Massachusetts Division of Insurance at 1-877-563-4467 or www.mass.gov/doi. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. For more information about possibly buying individual coverage through a state exchange, you can contact your state's marketplace, if applicable. If you are a Massachusetts resident, contact the Massachusetts Health Connector by visiting www.mahealthconnector.org. For more information on your rights to continue your employer coverage, contact your plan sponsor. (A plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Member Service number listed on your ID card or contact your plan sponsor. (A plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Does this plan provide Minimum Essential Coverage? [Yes]
If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? [Yes]
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Disclaimer: This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care plan. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

----------To see examples of how this plan might cover costs for a sample medical situation, see the next section.----------

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network prenatal care and a hospital delivery)

■The plan's overall deductible	$0
■Delivery fee copay	$0
■Facility fee copay	$0
■Diagnostic tests copay	$0

This EXAMPLE event

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

■The plan's overall deductible	$0
■Specialist visit copay	$20
■Primary care visit copay	$15
■Diagnostic tests copay	$0

This EXAMPLE event

Jacquie's Simple Fracture
(in-network emergency room visit and follow-up care)

■The plan's overall deductible	$0
■Specialist visit copay	$20
■Emergency room copay	$100
■Ambulance services copay	$0

This EXAMPLE event includes services like:

includes services like:	**includes services like:**	
Specialist office visits *(prenatal care)*	Primary care physician office visits *(including disease*	Emergency room care *(including medical supplies)*
Childbirth/Delivery Professional Services	*education)*	Diagnostic test *(x-ray)*
Childbirth/Delivery Facility Services	Diagnostic tests *(blood work)*	Durable medical equipment *(crutches)*
Diagnostic tests *(ultrasounds and blood work)*	Prescription drugs	Rehabilitation services *(physical therapy)*
Specialist visit *(anesthesia)*	Durable medical equipment *(glucose meter)*	

Total Example Cost	**$12,713**	**Total Example Cost**	**$7,389**	**Total Example Cost**	**$1,925**
In this example, Peg would pay:		**In this example, Joe would pay:**		**In this example, Jacquie would pay:**	
Cost Sharing		*Cost Sharing*		*Cost Sharing*	
Deductibles	$0	Deductibles	$0	Deductibles	$0
Copayments	$16	Copayments	$1,068	Copayments	$200
Coinsurance	$0	Coinsurance	$0	Coinsurance	$0
What isn't covered		*What isn't covered*		*What isn't covered*	
Limits or	$60	Limits or	$55	Limits or	$0

exclusions	
The total Peg would pay is	**$76**

exclusions	
The total Joe would pay is	**$1,123**

exclusions	
The total Jacquie would pay is	**$200**

The **plan** would be responsible for the other costs of these EXAMPLE covered services.

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