Network Blue® New England Options v.5 **Teamsters Local 170** **Coverage for:** Individual and Family | **Plan Type:** Managed Tiered

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, see **teamsterlocal170.com**.
For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at **bluecrossma.com/sbcglossary** or call **1-800-932-8323** to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	**$0**	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Not Applicable.	This plan does not have an overall deductible.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For medical benefits, **$2,000** member / **$4,000** family; and for prescription drug benefits, **$1,000** member / **$2,000** family.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See bluecrossma.com/findadoctor or call the Member Service number on your ID card for a list of network providers.	You pay the least if you use a provider in enhanced benefits tier. You pay more if you use a provider in standard benefits tier or basic benefits tier. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the

		difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information				
			Enhanced Benefits Tier (You will pay the least)	Standard Benefits Tier	Basics Benefits Tier	Out-of-Network (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness		$15 / visit	$25 / visit	$45 / visit	Not covered	None
	Specialist visit		$45 / visit; $45 / chiropractor visit	$45 / visit; $45 / chiropractor visit	$45 / visit; $45 / chiropractor visit	Not covered	Limited to 20 chiropractor visits per calendar year. Limited to $25/visit for chiropractic services in Maine.
	Preventive care/screening/immunization		No charge	No charge	No charge	Not covered	GYN exam limited to one exam per calendar year. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)		No charge	No charge	No charge	Not covered	Pre-authorization required for certain services
	Imaging (CT/PET scans, MRIs)		$75	$150 for hospitals;	$250 for hospitals;	Not covered	Copayment applies per

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information				
			Enhanced Benefits Tier (You will pay the least)	Standard Benefits Tier	Basics Benefits Tier	Out-of-Network (You will pay the most)	
				$75 for other providers	$75 for other providers		category of test / day; copayments limited to$375 per calendar year; pre-authorization required for certain services
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at bluecrossma.com/medications	Generic drugs		$10 / retail or mail service supply	$10 / retail or mail service supply	$10 / retail or mail service supply	$10 / retail or mail service supply	Up to 30-day retail (90-day mail service) supply; cost share may be waived for certain covered drugs and supplies and may be higher if generic available; pre-authorization required for certain drugs
	Preferred brand drugs		$15 / retail or mail service supply ($10 / generic drugs)	$15 / retail or mail service supply ($10 / generic drugs)	$15 / retail or mail service supply ($10 / generic drugs)	15 / retail or mail service supply ($10 / generic drugs)	
	Non-preferred brand drugs		$35 / retail or mail service supply	$35 / retail or mail service supply	$35 / retail or mail service supply	$35 / retail or mail service supply	
	Specialty drugs		Applicable cost share (generic, preferred, non-preferred)	Applicable cost share (generic, preferred, non-preferred)	Applicable cost share (generic, preferred, non-preferred)	Applicable cost share (generic, preferred, non-preferred)	When obtained from a designated specialty pharmacy; pre-authorization required for

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information				
			Enhanced Benefits Tier (You will pay the least)	Standard Benefits Tier	Basics Benefits Tier	Out-of-Network (You will pay the most)	
							certain drugs
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)		$150 / admission	$250 / admission for hospitals; $150 / admission for ambulatory surgical facilities	$500 / admission for hospitals; $150 / admission for ambulatory surgical facilities	Not covered	Pre-authorization required for certain services
	Physician/surgeon fees		No charge	No charge	No charge	Not covered	Pre-authorization required for certain services
If you need immediate medical attention	Emergency room care		$150 / visit	$150 / visit	$150 / visit	$150 / visit	Copayment waived if admitted or for observation stay
	Emergency medical transportation		No charge	No charge	No charge	No charge	None
	Urgent care		$45 / visit	$45 / visit	$45 / visit	$45 / visit	Out-of-network coverage limited to out of service area
If you have a hospital stay	Facility fee (e.g., hospital room)		$250 / admission	$500 / admission ($300 / admission for select hospitals)	$1,000 / admission	Not covered	Pre-authorization required

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information				
			Enhanced Benefits Tier (You will pay the least)	Standard Benefits Tier	Basics Benefits Tier	Out-of-Network (You will pay the most)	
	Physician/surgeon fees		No charge	No charge	No charge	Not covered	Pre-authorization required
If you need mental health, behavioral health, or substance abuse services	Outpatient services		$15 / visit	$15 / visit	$15 / visit	Not covered	Pre-authorization required for certain services
	Inpatient services		$250 / admission	$500 / admission for general hospitals ($300 / admission for select hospitals); $250 / admission for mental hospitals or substance abuse facilities	$1,000 / admission for general hospitals; $250 / admission for mental hospitals or substance abuse facilities	Not covered	Pre-authorization required for certain services
If you are pregnant	Office visits		No charge	No charge	No charge	Not covered	Cost sharing does not apply for preventive services; maternity care may include tests and services described elsewhere in the
	Childbirth/delivery professional services		No charge	No charge	No charge	Not covered	
	Childbirth/delivery facility services		$250 / admission	$500 / admission ($300 / admission for select	$1,000 / admission	Not covered	

Common Medical Event	Services You May Need	What You Will Pay	Enhanced Benefits Tier (You will pay the least)	Standard Benefits Tier	Basics Benefits Tier	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
				hospitals)			SBC (i.e.
If you need help recovering or have other special health needs	Home health care		No charge	No charge	No charge	Not covered	Pre-authorization required
	Rehabilitation services		$45 / visit	$45 / visit	$45 / visit	Not covered	Limited to 60 visits per calendar year (other than for autism, home health care, and speech therapy); pre-authorization required for certain services
	Habilitation services		$45 / visit	$45 / visit	$45 / visit	Not covered	Rehabilitation therapy coverage limits apply; cost share and coverage limits waived for early intervention services for eligible children; pre-authorization required for certain services
	Skilled nursing care		No charge	No charge	No charge	Not covered	Limited to 100 days per calendar year; pre-

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information				
			Enhanced Benefits Tier (You will pay the least)	Standard Benefits Tier	Basics Benefits Tier	Out-of-Network (You will pay the most)	
							authorization required
	Durable medical equipment		30% coinsurance	30% coinsurance	30% coinsurance	Not covered	Cost share waived for one breast pump per birth
	Hospice services		No charge	No charge	No charge	Not covered	Pre-authorization required for certain services
If your child needs dental or eye care	Children's eye exam		Coverage through Davis Vision	Coverage through Davis Vision	Coverage through Davis Vision	Coverage through Davis Vision	See attachment #9 of SPD
	Children's glasses		Coverage through Davis Vision	Coverage through Davis Vision	Coverage through Davis Vision	Coverage through Davis Vision	See attachment #9 of SPD
	Children's dental check-up		Coverage through separate BCBSMA dental plan	Coverage through separate BCBSMA dental plan	Coverage through separate BCBSMA dental plan	Coverage through separate BCBSMA dental plan	See attachments #7 & #8 of SPD

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)		
Acupuncture Children’s eye exam (coverage available through Davis Vision) Children's glasses (coverage available through Davis Vision)	Cosmetic surgery Dental care (coverage available through separate BCBSMA dental plan) Long-term care	Non-emergency care when traveling outside the U.S. Private-duty nursing Routine eye care – adult (coverage available through Davis Vision) Routine foot care (only for patients with systemic circulatory disease)
Other Covered Services (Limitations may apply to these services. This isn’t a complete list. Please see your plan document.)		
Bariatric surgery Chiropractic care (20 visits per calendar year)	Hearing aids (See Benefit Descriptions and Riders) Infertility treatment (In-Network)	Weight loss programs and Fitness Programs Wellness programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or **www.dol.gov/ebsa/healthreform** and the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or **www.cciio.cms.gov**. Your state insurance department might also be able to help. If you are a Massachusetts resident, you can contact the Massachusetts Division of Insurance at 1-877-563-4467 or **www.mass.gov/doi**. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit **www.HealthCare.gov** or call 1-800-318-2596. For more information about possibly buying individual coverage through a state exchange, you can contact your state's marketplace, if applicable. If you are a Massachusetts resident, contact the Massachusetts Health Connector by visiting **www.mahealthconnector.org**. For more information on your rights to continue your employer coverage, contact your plan sponsor. (A plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the Member Service number listed on your ID card or contact your plan sponsor. (A plan sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Does this plan provide Minimum Essential Coverage? **[Yes]**
If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? **[Yes]**
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Disclaimer: This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care plan. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

----------To see examples of how this plan might cover costs for a sample medical situation, see the next section.----------

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network prenatal care and a hospital delivery)

■The plan's overall deductible	$0
■Delivery fee copay	$0
■Facility fee copay	$500
■Diagnostic tests copay	$0

This EXAMPLE

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■The plan's overall deductible	$0
■Specialist visit copay	$45
■Primary care visit copay	$25
■Diagnostic tests copay	$0

This EXAMPLE

Jacquie's Simple Fracture

(in-network emergency room visit and follow-up care)

■The plan's overall deductible	$0
■Specialist visit copay	$45
■Emergency room copay	$150
■Ambulance services copay	$0

This EXAMPLE event includes services like:

event includes services like:	**event includes services like:**	
Specialist office visits *(prenatal care)*	Primary care physician office visits *(including disease*	Emergency room care *(including medical supplies)*
Childbirth/Delivery Professional Services	*education)*	Diagnostic test *(x-ray)*
Childbirth/Delivery Facility Services	Diagnostic tests *(blood work)*	Durable medical equipment *(crutches)*
Diagnostic tests *(ultrasounds and blood work)*	Prescription drugs	Rehabilitation services *(physical therapy)*
Specialist visit *(anesthesia)*	Durable medical equipment *(glucose meter)*	

Total Example Cost	**$12,713**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$0
Copayments	$516
Coinsurance	$0
What isn't	

Total Example Cost	**$7,389**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$0
Copayments	$1,178
Coinsurance	$0
What isn't	

Total Example Cost	**$1,925**

In this example, Jacquie would pay:

Cost Sharing	
Deductibles	$0
Copayments	$375
Coinsurance	$0
What isn't covered	

covered	
Limits or exclusions	$60
The total Peg would pay is	**$576**

covered	
Limits or exclusions	$55
The total Joe would pay is	**$1,233**

Limits or exclusions	$0
The total Jacquie would pay is	**$375**

The **plan** would be responsible for the other costs of these EXAMPLE covered services.

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